



Planting the seeds of hope.

Striving for a *compassionate* society free from suicide.



Impact Report

2025 / 2026

Introduction

This year, PIPS Suicide Prevention Ireland continued to deliver life-saving support to those affected by suicide and mental ill health. This report highlights the impact of that work and the lives it has touched.

Vision & Mission

Vision statement

To prevent loss of life, support families, and build hope by striving for a compassionate, suicide-free society.

Mission statement

To support those affected by suicide and mental ill health through compassionate care, strengthening communities and building hope.

What we do

Counselling

Confidential support for mental health.

Crisis support

Crisis walk in, telephone and crisis helpline.

Befriending

Compassionate support to reduce isolation.

Signposting & Advocacy

Giving a voice and support to those in need.

Impact overview.

4,757

Client sessions

15,826

Phone calls

236

Outreach events

Crisis Support

213 interventions

We provided support to those in crisis with:



141 crisis calls



72 crisis walk-ins



We offered support across Northern Ireland.



Belfast
3540 sessions



Derry/Londonderry
552 sessions



Enniskillen
665 sessions

Our phone lines remained a vital point of contact.



Belfast: **13,268** calls



Derry/Londonderry: **452** calls



Enniskillen: **186** calls



Freephone: **1920** calls

Children & young people.



We supported children and young people aged 4-18 through **130** dedicated sessions.



We launched a new service.

Friday Night Crisis Helpline

Offering crisis support through a telephone service from Friday 9pm - 10am Saturday morning.

Volunteers played a vital role.



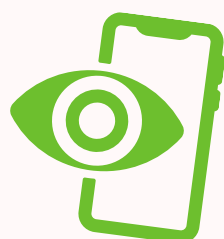
We had an average of **40** volunteers every month contributing over **4,160** hours.

Befriending service.



We provided a total of **348** befriending sessions through our befriending service.

Social Media



Views

5,295,512

views across
all channels.



Engagement

54,700

moments of
connection.



Thanks to your support,
social media was a prime
source of donations,

**raising
thousands**

which directly helped
fund our services.

Thank you!



Profile visits

67,980

visits to our social
media profiles.



Followers

41,836

followers across
social media.



Follow us to stay up to date with
the latest news and updates.

Contact us

Belfast Offices

279 Antrim Road,
Belfast BT15 2GZ

Tel. 028 9080 5850
Monday - Friday 9am-9pm;
Saturday & Sunday 10am-6pm

Derry/Londonderry Offices

The Playhouse, 5-7 Artillery Street,
Londonderry BT48 6RG

Tel. 028 7122 4133
By Appointment Only

South West Offices

(Covering Fermanagh, Omagh, Sligo, Cavan)
Asda Community Rooms, Derrychara Road,
Enniskillen BT74 6JG

Tel. 028 6633 9004
By Appointment Only

Friday Night Crisis Helpline

An overnight crisis telephone line from Friday
night 9pm - 10am Saturday morning

Tel. 028 9080 5850
Freephone 0800 088 6042

pipscharity.com
info@pipscharity.com

Planting the seeds of hope.

PIPS Suicide Prevention Charity Registered Office: 279 Antrim Road, Belfast, BT15 2GZ. Registered as a charitable company limited by guarantee in Northern Ireland (NI 615082) and is a charity registered in Northern Ireland (NIC 104726).



PIPS

Suicide Prevention Ireland

Planting the seeds of hope.